Apt 3, Amaryl Apartment Complex 4th Avenue Dover Christ Church BARBADOS



The attached booklet contains instructions on the Apartment and General Information for your Holiday in Barbados

Barbados Apartment Instructions

* Please note that the Apartment is a no smoking apartment.

1. Television

The television is Select TV which is a Caribbean version of Sky. In order to work it you need to ensure that you use the Toshiba box to turn the power on for the television and then use the Select TV box to select the programmes. Once you have turned the television on all you need to do is to ensure that you press the satellite button and then navigate your way through the channels. In order to keep in contact with home BBC World has news on the hour and would be found most useful.

There is a CD player that is in the cabinet and also a Long Wave radio which can be used to get the world service if required. Please ensure that if you play music or use the television you keep it within sensible limits. Please also ensure that you keep the window behind the TV unit closed as rain will come in otherwise and short the electricity.

2. Fans and Air Conditioning

The fans in the bedrooms and the living room are operated by switches on the wall. The fans also have lights which are controlled by draw strings. In addition there are two other fans which are movable and can be moved around the flat as required. We find that the fans at night are sufficient to keep the room at a sensible temperature.

Please remember that in order to set the alarm you need to make sure that the fans in the living room are turned off. If they are left on the air flow affects the motion sensor and will set the alarm off.

There is air conditioning in both of the bedrooms however as you can appreciate this is a very expensive commodity on the island and we also find that we don't need to use it other than for very short periods of time when it is extremely hot. Please make sure that if you do use it that you use the remote control and close the windows.

The blinds in both bedrooms are Roman Blinds you will find that the windows are kept open most of the time which is why we request that you do not use the air conditioning. There is no need for it as the trade winds cool the room sufficiently. If you are going to open or close the blinds please ensure that you take care with the mechanisms.

3. Terrace

The terrace has a table, four chairs and two rocking chairs. In addition you will find in the kitchen a Sunbeam anti-mosquito machine which operates by battery. This is similar to the ones that you will have seen in many stores in England and produces a blue light that attracts mosquitoes. This is a highly effective piece of equipment to keep on the balcony. There is a rechargeable unit in one of the drawers. You will know when the machine needs to be recharged when the green operating light at the back goes amber.

4. Kitchen and Fridge

There is a large American fridge freezer which will be totally suitable for your needs. This machine produces ice both of the crushed and cube variety and also has cold water. Please ensure that if you are operating the machine for the production of ice or cold water you only gently need to press the glass against each of the levers. In order to prevent the freezer over producing ice cubes there is a metal bar within the freezer. You need to lift this metal bar up to prevent over production of ice cubes.

If you check the ice cube machine you will see that it produces large amounts of ice and it is important to raise the metal bar to prevent over production which blocks the machine up. When you want to ensure that the machine starts producing ice again you need to put the metal bar down and it will continue to produce.

Could I ask you to please ensure that when you leave the flat that you lift the bar to prevent the machine over filling before the next guests arrive.

The flat is also equipped with a microwave, a full American cooker which is controlled by a switch to the right hand side, a toaster and virtually everything that you will require. There is also a dishwasher but we never use this. If you need to there are instructions accordingly. You will find food and drink in the flat but could I please ask that anything you use you replace before you leave.

You will find that the flat is adequately supplied with all plates, cups, saucers and knives. Some of which are new in the wrappers if you need to use them please do so.

The water on the island is reputed to be some of the best and purest in the world. This is the only place in world where I will drink water straight from the tap. We have had no incidents of stomach upsets through this and it is in our opinion a complete waste of time to buy bottled water. In fact we usually buy one or two small bottles and keep refilling these to take to the beach.

5. Alarm

The flat is fully alarmed and can be fully operated either when you are in bed by activating the motion sensor or when you leave. We suggest that as there are locks on each of the doors for the bedrooms which can be closed you only use the alarm when you leave the flat during the day or night. Monica will give you the code for the alarm. The alarm is operated by the alarm control panel which is beside the bed in the main bedroom. All that needs to be done is to put in the code and leave. In order to ensure that the alarm works properly you must have the door to the flat closed and the fans turned off before you set the alarm. The alarm gives you a minute to leave which is totally adequate.

There is a phone in the hallway which can be used to admit guests by pressing the buzzer. The guests will press a buzzer at the gate which will sound on the entry phone.

6. Hot Water

Hot water is provided by way of Solar Heating and is totally adequate for all your uses. If however there are any problems there is an on/off switch next to the main electrical panel in the hallway which works an immersion heater. Please only use this in an emergency.

7. Linen

You will find the flat stocked with sufficient beach towels and towels for all your needs these include tea towels etc.

8. Bins

The bins are emptied on a Monday and Thursday please ensure that you seal any container in which you place rubbish to prevent insect infestation. You will find plenty of bin bags in the cupboard in the kitchen please ensure that you use these properly. When full put these in Bin number 3 by the parking area. If you would like to empty the bins more frequently there is a skip by the beach and it is quite acceptable to put rubbish in there.

9. Telephone

The telephone is capable of making international calls but of course these are very expensive and if you do use the phone any calls will be charged to you after you have left. All calls to mobiles or fixed lines on the island are free so please feel free to use the phone. If you pick up the phone and there is an intermittent noise on the line rather than a dial tone this means that there is a message waiting for you as we have an automatic electronic answering machine provided by Cable and Wireless. In order to access any message you need to dial 4346245 and the messages will be played to you electronically.

Please note that the phone number for the flat from England is 001 246 428 8171 so that relatives can ring in if you want them to do so.

10. Management of the Flat

Day to day management of the complex is conducted by Monica Greene who acts as the Property Manager. Monica is very helpful, will clean the flat once a week and will also be of any assistance to you.

11. Safety of Goods

You will find in the main bedroom an electronic safe that works on a key. The safe should be open and instructions and how to operate the safe are contained within the instruction book which you will find the lounge. Please leave the safe open and the key in the safe lock when you leave.

You will find two built in wardrobes in both rooms; these are equipped with sufficient hangers for your purposes. In one of the rooms we store some of our own personal clothes which are in a locked cupboard.

12. Accessories

You will find all the necessities including a hairdryer etc that you require in the flat. We also recommend that you use the mosquito machines which you will find the in the drawers in the bedrooms at night, please buy tablets for these. These ensure that the bedrooms are kept mosquito free at night.

In the cupboard in the kitchen you will find an ironing board, an iron, bin bags, a multi purpose fire extinguisher and a fire blanket obviously these are only to be used for emergencies. You will also find a large umbrella please feel free to use this as well as the medical kit for minor emergencies. In terms of the umbrella it does tend to rain occasionally in Barbados and when it does it's very heavy. We suggest that if you have a car you keep the umbrella in the car but make sure you return it to the flat afterwards.

You will find two trunks in the living room one of which has a number of books which you are welcome to use. Please feel free to add to the library, any books you have brought on holiday and have finished with.

All the appliance instructions are in one of the drawers in the kitchen most of the equipment is self explanatory and you won't need to use the instructions. You will also find in the drawers torches for use in case of power cuts which do happen occasionally in Barbados.

You will find in the wardrobes in the guest bedroom a number of different seats, sunbeds etc these are to be used by the pool.

There is a powerful hairdryer supplied which you will find in one of the drawers in the guest bedroom. Please take care when you move the two rocking chairs out onto the veranda as the mechanisms can be very awkward if you happen to pull them out.

13. Going Out at Night

You will find a long list of recommended restaurants both in the South Coast as well as the West Coast. There are a wide variety of price ranges to suit all tastes.

In terms of going out we always ensure that we put on protective mosquito spray as whilst there are not many flying insects in Barbados, it is very close to the tropics and it is not unusual for people to be bitten. However we find that effective mosquito spray reduces this problem to a minimum.

14. Beaches

Turn left out of the gate and walk to the bottom of the road you will see in front of you a small alley way that leads straight onto Turtle Beach. This is a small beach with a beach bar but we prefer to use Dover Beach which is reached by going right at the end of the road about 100 yards along and the entrance is there. It is an excellent beach for snorkelling. There are toilets on the beach. You can rent beds and umbrellas at Dover for approximately \$5 dollars per item.

15. Bathroom

The main bathroom has a Whirlpool tub which is controlled by the switch on the wall underneath the bathroom cabinet. In order to ensure that the jets work please ensure that the bath is full before you use this switch. The switch is marked 'Water Heater' but does in fact control the bath.

In the two bathroom units as well as in the cupboard in both bathrooms you will find odd bits of soap, shower gel etc. Please feel free to use these but replace them for the next guests.

16. Gates

You will notice that there are heavy security gates and you have a key for these. Please do not climb over the gates if at all possible.

17. In the Event of a Power Cut

In the event of a power cut you will find torches in the drawers. We generally take the batteries out of these to prevent them from discharging in our absence. You will find that there is emergency lighting being fitted to the flats within the next couple of months and these should be adequate for your requirements.

18. Swimming Pool

The swimming pool although quite small is about 8/9 foot deep at one end so please be careful. There are quite strict regulations regarding the condominium which will be supplied to you separately in terms of noise etc but please note that no barbeques or parties are allowed around the pool. In addition DO NOT DIVE INTO THE POOL as the gradient is very steep and there is a danger of you banging your head.

19. Laundry Room

There is a laundry room downstairs with two washing machines and two dryers. Please feel free to use these, the instructions are self explanatory.

20. Excursions and Restaurants

You will find brochures in the flat about various excursions and restaurants within the island.

21. Transport

In Barbados there is very convenient public transport and taxis. The Z Buses are an experience!! The public transport is very cheap and very comprehensive throughout the island. Please note however that there are a significant number of cars for such a small island and believe it or not they do have considerable traffic jams around peak periods 8.00 am - 9.30 am and from 3.00 pm - 6.30 pm. Barbados does not have a breathalyser test and as far as we know there are no drink driving laws, therefore beware when out at night! Taxis are available at the bottom of the road and if you want anything special ring Eric (230 5180) explain you know us and the address.

22. Site Seeing in General

It is well worth going on a safari around the island and in addition exploring by car is both an adventure and fun. The island is so small that you cannot get lost. We suggest that you go to both South Point and North Point to see both ends of the island and see the differences that the island has to offer. Bathsheba on the East Coast is particularly wild and is very reminiscent of Cornwall.

23. Airport

Please note that there is a tax to pay when you leave the country and please make sure that you make provision for this. In addition the airport is being significantly upgraded but in true Barbados fashion it is considerably behind time in terms of being finished.

24. Shopping

Dover Market at the bottom of the road has a comprehensive supply of food and drink however, Primart which is past the first set of traffic lights after St Laurence Gap is a much bigger store and approximately 20% cheaper. If for any reason you want to buy in bulk we suggest that you make a journey to Primart to stock up.

There are a number of duty free shops which can be considerably cheaper than England but please ensure that you take your passport and embarkation form with you. Credit cards are widely accepted on the island but it can be useful to let your credit card supplier know that you are travelling prior to trying to use it abroad.

25. Health

Minor ailments can easily be treated by going to Lewis' Chemist which is on the main road going to Bridge Town from St Laurence Gap next to the World of Wine. These are excellent pharmacists who will give you a lot of medical advice and will supply what are normally considered to be prescription drugs in England. In most cases you will find that there will be no necessity unless you have a severe injury for a visit to the doctor as Lewis' Chemist are famous for being able to provide excellent diagnostic and remedial services and medication.

26. Electricity

The electricity in Barbados takes a North American type pin rather than the three pins we have at home. You will find a couple of 3 pin converters for your mobile phone charger etc. Although it may be useful to take your own multi purpose universal adapter.

27. Mobile Phones/Faxes

Mobile phones now work on the island but please note that any calls you make will be routed to England and therefore prove to be extremely expensive this includes incoming calls. We would not encourage you to use your mobile unless necessary and will be much easier to give the number of the flat which is 001 246 428 8171 from England and get relatives or friends to ring you on the land line.

In terms of sending faxes or the internet there is an Internet Café at the bottom of the road by the Dover Market. We find this very useful if you want to keep in contact with home.

28. Time Difference

Barbados is either 4/5 hours behind England depending on the time of the year. During the winter when the clocks go back in England it is 4 hours behind and when the clocks go forward it is 5 hours behind.

29. Sleeping Arrangements

Please note that the flat is rented for a maximum of four people – all to be accommodated in the bedrooms. NO SLEEPING ON THE COUCH IS ALLOWED. We are sure you will understand this requirement. Please also ensure that the covers are used on the couch AT ALL TIMES.